

# STRENGTHIFY

Strengths Based Leadership

2-Days Program



**This DOOR training program is designed to shape one's Leadership mindset. It is a development approach for leadership potential using the roots of positive psychology. A scientifically rooted approach to help leaders increase well-being, enhance and apply strengths, improve and excel performance and achieve valued goals. This course offered by DOOR helps professionals to learn and imbibe mindsets, skills and an acute awareness that eventually develops them as a true leader.**

**Strengthify**

Strengths Based Leadership



## Topics

- + Why Strengths focus?
- + Strengths psychology basics
- + Converting Talents to Strengths – The 5 phased investment process
- + The Leadership domains
- + The Team member needs
- + Strengths toolkit for a sustainable culture

## Training Objectives

At the end of this training you will be able to:

- 1 Be more acutely aware of your strengths, blind spots and areas of opportunity
- 2 Effectively play the role of a talent scouter
- 3 Understand the needs of team members and match your own style to ensure maximum win-win transactions
- 4 Develop resilience toward organization and individual goals
- 5 Overcome behaviors, patterns and blocked emotions that may be acting as hindrance to personal conviction and flow
- 6 Create a blueprint for your vision and leverage that for team and organizational success

## Duration

2 Days

# GREAT LEADERS HAVE A DEEP KNOWLEDGE OF THEIR OWN STRENGTHS AND DEVELOP THE #STRENGTHS OF THEIR FOLLOWERS.

## Program Schedule

### DAY ONE

#### Why Strengths Focus?

- + Strengths Vs Deficit based development
- + Characteristics of Strengths Based Mindsets: A Quick Self Evaluation

#### Strengths Psychology basics

#### Converting Talents to Strengths – The 5 phased investment process

- + The 5 phased process
- + Getting Started: perspectivization
- + Understanding your report
- + Magnetic Field Force
- + Theme Combinations

### DAY TWO

#### The Leadership domains

- + The 4 RISE domains
- + My leadership preferences
- + How do Strengths leaders operate?
- The Team member needs
- + The 4 team member needs
- + Understanding the correlation of the needs to build the right team culture
- + Strengths report in the context of each need
- + Creating a team blueprint
- Strengths Toolkit for a sustainable culture
- + Ingraining a Strengths lens
- + Etching your Strengths vision
- + Overcoming personal obstacles
- + Being in the Strengths zone
- + Partnering for success
- + Being a Strengths guide

## More information

If you would like to discuss any one of our programs please contact us.

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